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FOREWORD

Welcome to the PDL Team Drama Workshop Programme Brochure 2010. Following the ten year anniversary in 2007, this innovative Nottinghamshire County Council programme continues to offer a broad range of interactive learning experiences for children and young people. This year there are over 63 workshops covering a range of personal development issues for all ages.

We are all aware that safeguarding children and young people is our key priority. To this end, the workshops within the programme encourage young people to explore feelings and attitudes and develop skills which help them to keep safe. Through the presentation of familiar scenarios and interaction with realistic characters children and young people are able to explore consequences of actions, identify unsafe situations, practice skills and know where to access help and support.

The PDL Team continue to work together with other agencies and professionals to ensure that the work they offer is relevant, up-to-date and addresses issues of concern to local communities. They work closely with the police, district Domestic Violence Coordinators, Child and Adolescent Mental Health Services and many others to ensure a joined-up approach to delivery.

This year the programme incorporates more sex and relationships education workshops to support schools with this sometimes challenging area of work. There are two new workshops for primary and secondary on forming, maintaining and ending relationships as a result of views expressed in the recent SRE consultation with young people and teachers. In addition there are two new infant workshops focusing on families and gender differences in response to the PDL Team annual survey with teachers.

The programme also includes: a new knife crime workshop, which explores the consequences of carrying offensive weapons or weapons of offence; and, Ready to explode! - an anger management workshop for KS2.

I am sure you will agree that this diverse programme provides an invaluable resource for exploring relevant issues in the lives of children and young people in Nottinghamshire.

I heartily recommend the programme to you and hope that you will utilise it as part of your curriculum to support the personal development of the children and young people you work with.

Anthony May

*Corporate Director Children and Young People's Services
Nottinghamshire County Council*

"PDL - invaluable to us; by far the best provider of these sessions that we've used"

Teacher

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WHO ARE WE?

The PDL (Personal Development of Learners) Team is part of the Engagement and Enrichment Service of Nottinghamshire County Council's Children and Young People's Service. We offer a service to schools and other settings to support them with all aspects of the personal development of young people. The PDL Team deliver training, consultancy, develop and disseminate resources, and also work directly with young people. The majority of our work with young people is through the Drama Workshop Programme.

The PDL Team Workshop Programme has been operating successfully in Nottinghamshire since September 1997. We currently have two full-time Drama Projects Co-ordinators, both skilled issue-based drama practitioners, who develop and deliver the workshops within the programme. The Drama Projects Co-ordinators have enhanced CRB clearance and work within Nottinghamshire County Council policies and procedures, legal requirements and national good practice guidelines.

WHAT ARE THE AIMS OF THE DRAMA WORKSHOP PROGRAMME?

- to promote the well-being of young people
- to support schools to be healthy places for learning in line with the standards of the National Healthy Schools Programme
- to provide a flexible and versatile service that is inclusive of both the needs of schools, young people and other agencies
- to offer a quality provision that is fully evaluated and monitored
- to deliver content which is in line with current legislation and good practice
- to contribute to the personal development of learners

WHAT DO WE OFFER?

The Drama Workshop Programme offers a comprehensive range of issue-based drama workshops for all ages of young people covering the five outcomes of Every Child Matters. We also offer peer support training packages, training for adults and can work with colleagues to develop and deliver special projects to meet the needs of particular groups of children and young people.

The workshops, which are designed to enhance a comprehensive programme of personal development, are accompanied by follow-up lesson plans and packs of additional support materials. The workshops enable young people to explore feelings and attitudes, as well as practice skills and gain knowledge.

Most workshops last for one hour and are designed for a class of approximately 30 pupils. Workshops for younger children (age 4 to 6) last for 45 minutes. If you need any

assistance in choosing your workshops please do not hesitate to contact the Drama Projects Co-ordinators on 01623 434155 or by email, claudia.schaaf@nottsc.gov.uk or james.appleyard@nottsc.gov.uk.

We are able to work with children and young people in a range of settings, including schools, youth clubs, young parent groups and residential care.

WHAT ARE THE BENEFITS OF USING THE DRAMA WORKSHOP PROGRAMME?

The Workshop Programme allows young people the opportunity to explore, discuss and debate relevant issues in a safe, interactive and enjoyable way. Using the Workshop Programme may also contribute to the following areas:

- **Healthy Schools Status** The Drama Workshop Programme supports schools working towards, and maintaining, National Healthy Schools' Status by providing a comprehensive range of interactive sessions based on the key themes of PSHE (including Drug Education and Sex and Relationships Education), Healthy Eating, Physical Activity and Emotional Health and Well-being.
- **Every Child Matters and the duty to promote well-being** PDL Team workshops will contribute to a school or organisation's work around these areas. The workshops are categorised according to the ECM outcomes for ease. Appropriate sign-posting in workshops encourages children and young people to seek additional help if needed.
- **New Ofsted inspection framework and SEF** Workshop input may contribute to the following areas: promoting well-being, pupils' spiritual, moral, social and cultural development, future economic well-being, pupils' adoption of healthy lifestyles, safeguarding and feeling safe.
- **SEAL** Workshops will contribute to a school's SEAL work as they focus on the identification and exploration of feelings and encourage young people to consider consequences of actions and responsibility.

WHAT DO YOUNG PEOPLE THINK ABOUT OUR WORK?

Here are some comments from young people who have recently participated in workshops:

"The drama was awesome, I enjoyed the acting, I did enjoy it." (Bullying)

"Very interactive made you feel like your point matters, It really helped find out what other people thought and I really enjoyed it." (Coping with stress)

"I learnt a lot and we were able to get involved, it was amazing to watch" (Dying to be thin)

"Great way to learn" (Heroin)

"Yes it was brilliant and I understand more about drugs" (Drugs and the law)

"I thought it was educational and interesting" (Anti-Social Behaviour)

"It would be good to do this in other subjects as its better than text books" (Alcohol and the law)

"It helped me understand what I already knew" (Alcohol and the law)

"It taught us all about the credit crunch and how not to spend on just anything" (Money, money, money)

"I know things now that I didn't know before" (Puberty)

WHAT DO TEACHERS AND OTHER PROFESSIONALS THINK ABOUT OUR WORK?

Here are some comments from teachers and other professionals who booked workshops for young people:

"The actors have a 'presence' in quickly commanding the pupils' attention." (Drugs and the law)

"Pupils are able to discuss issues which may affect them during their school life" (Bullying)

"A visitor who confirms what is taught in school in a lively and interactive way benefits the children" (Little Red Riding Hood)

"The material is well presented and flexible for use in a variety of contexts" (annual survey)

"The pupils have a wide and diverse range of learning difficulties. James and Claudia manage to find the right level to meet the pupils' needs." (annual survey)

"Raises awareness, encourages them to question behaviour, make informal decisions on how to behave in different scenarios" (Domestic violence)

"All children were actively involved, including those usually quite reticent. They took on roles and thoroughly enjoyed all the activities." (Bullying)

"Having someone else reinforce an important message through drama is ideal. Fun too." (Little Red Riding Hood)

"Pitched just at the right level. Well paced, delivery spot on - good range of teaching methods e.g roleplay, hot seating, questions and answers" (Domestic violence)

"I thought the PDL handled student behaviour excellently" (Heroin)

"The children were engaged in the workshop and will benefit from everything that was said" (Heroin)

"Delivery excellent it had impact with all pupils, fantastic" (Anti-social behaviour)

"Makes it real to them" (Drugs and the Law)

"Really good made it easy to understand without the use of complicated terms" (Alcohol and the Law)

"Very good use of drama - the children were talking for ages afterwards" (Money, money, money)

"All of the children actively took part, shy to begin with but their confidence improved and embarrassment stopped" (Puberty)

HOW DO I ACCESS THE SERVICE?

To book workshops:

Identify the most appropriate workshop for the age and needs of the young people you are working with. Complete one of the booking forms on the centre pages of this brochure. Please ensure that you supply details of young people who have additional needs so that we can contact you to discuss their requirements. Fax or send it back to the PDL Team. In order to ensure we can supply the workshops you require we recommend that you provide us with a selection of suitable dates/times.

Once we receive your booking we will allocate dates and times and send you a contract. You must sign and return one copy in order to confirm your booking. If there are any problems we will contact you to discuss.

To book peer support training, adult training or other provision:

Please contact James Appleyard or Claudia Schaaf on 01623 434155 or email: james.appleyard@nottsc.gov.uk or claudia.schaaf@nottsc.gov.uk to discuss your requirements.

HOW INCLUSIVE IS THE DRAMA WORKSHOP PROGRAMME?

We aim to ensure that the content and delivery of drama workshops and provision are accessible to, and representative of, all young people. Workshops and training presentations contain a range of characters that reflect our diverse society.

We work closely with colleagues to ensure that young people with additional needs are able to fully access workshops and other provision. We provide a space on the booking form for you to tell us about any specific needs of young people within the group.

Within workshops, the Drama Projects Co-ordinators will actively promote equality for all and address any comments, attitudes or behaviour which are racist, sexist, homophobic, derogatory towards, or exclude, individuals or groups.

We closely monitor feedback from professionals, children and young people to ensure that our work is inclusive.

Be Healthy Workshops



SEXUALLY HEALTHY:

DIFFERENCES YR 1/2 (AGE 5-7)

This workshop will explore similarities and differences between boys and girls, including introducing/reinforcing terminology for sexual body parts. The workshop will encourage discussion around stereotypes relating to clothing, play and behaviour. It will also explore what parts of our bodies are private.

FAMILIES YR 1/2 (AGE 5-7)

Children will have the opportunity to interact with different characters in order to explore the notion of 'family'. This workshop will discuss adoption, single-parent families and same-sex parents, amongst other family groupings.

PUBERTY YR 5/6 (AGE 9-11)

Exploring the physical and emotional changes associated with puberty. Focusing on a male and female character, the young people will have the opportunity to explore the feelings associated with the onset of puberty.

PUBERTY FOR YOUNG MEN YR 5/6 (AGE 9-11)

This workshop will focus on the changes that occur for young men at puberty. It will be delivered by a male worker and may be useful for schools where there are no male staff.

RELATIONSHIPS YR 5/6 (AGE 9-11)

Children will explore different types of relationship, including intimate relationships and marriage. The workshop will focus on the skills that are needed to form, maintain and end relationships and the associated feelings.

CONCEPTION, PREGNANCY AND AND PARENTHOOD YR 6 (AGE 10-11)

The children will meet a 'pregnant' woman and her partner and explore their thoughts and feelings about becoming parents. Using the couple's experiences as a focus, the workshop will explore conception, pregnancy, birth and the responsibilities of being a parent.

SEX AND RELATIONSHIPS YR 7/8 (AGE 11-13)

Young people are able to explore the positives of delaying sexual activity through the viewpoint of a young girl's relationship.

SPECIAL OFFER! July

TEENAGE PREGNANCY YR 8/9 (AGE 12-14)

This workshop will look at teenage pregnancy from the perspective of both a young man and a young woman, exploring the role and attitudes of the different genders in this important issue. The workshop will look at responsibilities around sex and relationships and how pregnancy can impact on the lives of those involved.

SPECIAL OFFER! Links with Contraceptive Awareness Week - February 12th to 18th

SEX AND RELATIONSHIPS - DELAY YR 9/10 (AGE 13-15)

Looking at a young man's relationship with his girlfriend and his peers we explore the positives of delaying sexual activity.

SPECIAL OFFER! July

MY MATE FANCIES YOU YR 8/9 (AGE 12-14)

This workshop will explore the skills needed to form, maintain and end relationships. Young people will have the opportunity to discuss what makes a positive and happy relationship and the qualities of the ideal partner.

"It was good because you could say what you were worried about (Puberty)"

JUST SAY WHEN YR 10 (AGE 14+)

This workshop will focus on issues of responsibility with regard to sex and related health matters. 'Just Say When' uses interactive drama to examine gender stereotypes, contraception, relationships and the links between alcohol and unprotected sex.

SPECIAL OFFER! Links with World Aids Day - December 1st

MENTALLY AND EMOTIONALLY HEALTHY

BEING FRIENDS F2/YR1 (AGE 4-5)

Delivered in a storytelling style, this workshop will explore friendship, feelings and falling out.

GOOD GRIEF! YR 3/4 (AGE 7-9)

Through storytelling young people are encouraged to explore the emotions that adults and young people alike feel during times of bereavement and loss.

SPECIAL OFFER! Links with Mental Health Action Week and Depression Awareness Week - April 8th to 14th and 16th to 22nd

READY TO EXPLODE! YR 3/4 (AGE 7-9)

Using two characters' experiences as a focus children will explore anger, how it feels both physically and emotionally and strategies for dealing with it.

KEEP IT IN THE FAMILY YR 4/6 (AGE 8-11)

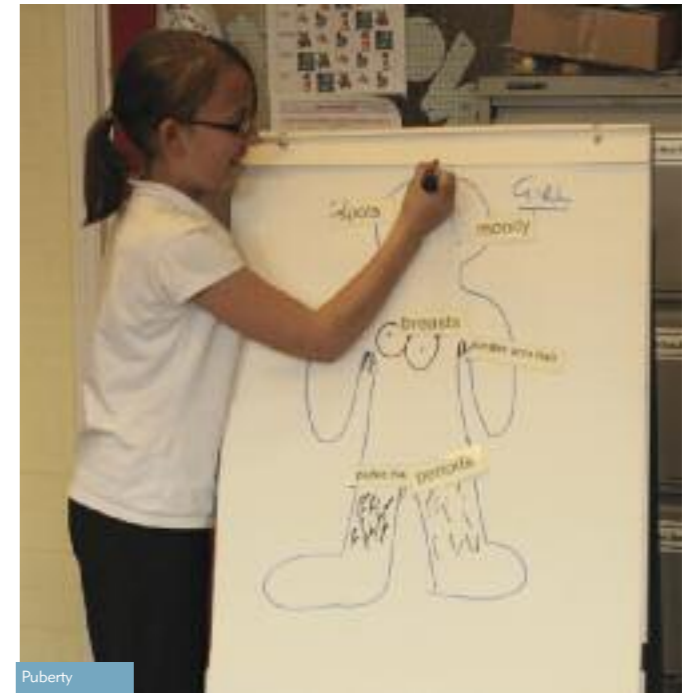
This workshop will explore family life and, specifically, problems that may arise through separation, bereavement and conflict. Students will also look more generally at the skills needed to be effective in relationships, both within the home and outside it.

SPECIAL OFFER! Links with International Day of Families - May 15th

POSITIVE FEELINGS YR 5/6 (AGE 9-11)

This workshop focuses on emotional health and well-being. The young people will have the opportunity to consider what makes them feel good and bad, and how they can contribute to the raising of both their own and other people's happiness and self-esteem.

SPECIAL OFFER! Links with World Mental Health Day - October 10th



GRIEF AND LOSS YR 7-9 (AGE 11-14)

(links to making a positive contribution)

Focusing on a Road Traffic accident students will explore a range of emotions associated with bereavement and loss. The workshop will also look at the safety of young people on the roads.

SPECIAL OFFER! Links with World Mental Health Day - October 10th

EMOTIONAL HEALTH YR 7-9 (AGE 11-14)

This workshop focuses on raising awareness of mental health issues which might affect young people, their families or friends. Through a drama scenario, the young people will explore myths and misconceptions around mental health and look at how stigma and prejudice may prevent people from accessing appropriate support.

SPECIAL OFFER! Links with Mental Health Action Week and Depression Awareness Week - April 8th to 14th and 16th to 22nd

SELF-ESTEEM YR 8-10 (12-15 YRS)

This workshop explores self-esteem and its effect on decision-making and life choices. It will focus on how a person's self-esteem levels will effect how they behave and therefore in turn, how people perceive and treat them. Focusing on the character of a young woman with low self-esteem, the young people will discuss ways that people can improve how they feel about themselves.

SPECIAL OFFER! Links with Mental Health Action Week and Depression Awareness Week - April 8th to 14th and 16th to 22nd

TACKLING HOMOPHOBIA YR 8-9 (12-15 YRS)

This workshop will look at the impact of homophobic language, attitudes and behaviour on young people and adults. The workshop will challenge stereotypes in relation to gender and sexual orientation.

SPECIAL OFFER! Links with Lesbian, Gay, Bisexual, Transgender History Month in February and Links with International Day Against Homophobia - May 17th

DYING TO BE THIN YR 8-10 (12-15 YRS)

A workshop exploring body image, dieting and eating disorders. Using interactive techniques, the workshop will use one young person's story as a focus to examine the relationship between feelings and food. The workshop will also discuss the hype surrounding 'size zero'.

SPECIAL OFFER! Links with Mental Health Action Week and Depression Awareness Week - April 8th to 14th and 16th to 22nd

COPING WITH STRESS YR 10-13 (14-16 YRS)

Students will explore the causes and symptoms of stress, particularly in relation to exams. Using interactive methods the workshop will look at strategies for preventing and managing stress and how to identify sources of help.

SPECIAL OFFER! Links with World Mental Health Day - October 10th

CHOOSE NOT TO TAKE ILLEGAL DRUGS:

POLLYS PILLS F2/YR1 (AGE 5-6)

Through storytelling, children will be given the opportunity to explore risk, responsibility and consequences of actions in relation to medicines. A gentle introduction to drug education for the very young.

SAFETY WITH MEDICINES YR 2-3 (AGE 6-8)

Using characters that the students can relate to, this workshop will look at why we take medicines, in what circumstances, who is allowed to give them to us and how we can use them safely.

PRIMARY SMOKING - REVISED YR 3-6 (AGE 7-11)

This workshop will explore attitudes and feelings towards smoking within the family. It will examine the pressures on young people to start smoking and the difficulties encountered by those who want to give up.



Alcohol and the law

PRIMARY ALCOHOL YR 5/6 (9-11 YRS)

A workshop exploring the effects and consequences of drinking too much alcohol. Through an interactive story, students will see how unexpected things can happen when alcohol is misused.

SOLVENTS YR 6/7 (10-12 YRS)

A young person's life is affected by solvents. Through interaction, the class will explore ways of helping the character to recognise the consequences of the misuse of solvents

CANNABIS AND TOBACCO YR 7-8 (11-13 YRS)

This workshop will focus on a family's opinions around smoking Tobacco and Cannabis. It will allow the students to explore their own views around this subject and also learn about the laws regarding both legal and illegal drugs.

SPECIAL OFFER! Links with International Day Against Drug Abuse and Illicit Trafficking - June 26th

"I found it helpful and it helped me understand how to cope better"
(Coping with Stress)

ALCOHOL YR 7-10 (11-15 YRS)

Students will consider the positive and negative effects of alcohol by exploring the consequences of one teenager's misuse.

SPECIAL OFFER! Links with International Day Against Drug Abuse and Illicit Trafficking - June 26th

ALCOHOL AND THE LAW YR 7-10 (11-15 YRS)

Where possible, this workshop is delivered in partnership with the School's Youth Issues Officer. The class will explore the legal and social consequences of alcohol misuse through the story of two young people.

SPECIAL OFFER! Links with International Day Against Drug Abuse and Illicit Trafficking - June 26th

DRUGS AND THE LAW YR 8-10 (12-15 YRS)

A look at the legal and social consequences of drug use. Through one person's story, the class will gain an insight into the procedure following arrest for drug possession and supply. Delivered in partnership with the School's Youth Issues Officer, where possible.

SPECIAL OFFER! Links with International Day Against Drug Abuse and Illicit Trafficking - June 26th

NO BIG DEAL YR 9-11 (13-16 YRS)

Explores the social and moral implications of drug dealing using Ecstasy as a focus. This workshop will challenge stereotypes and misconceptions regarding dealers.

SPECIAL OFFER! Links with International Day Against Drug Abuse and Illicit Trafficking - June 26th

HEROIN YR 9-11 (13-16 YRS)

A workshop exploring the realities and myths around heroin, an increasingly available drug. Using performance and interaction, the workshop will look at the wider implications of one young person's use of heroin.

SPECIAL OFFER! Links with International Day Against Drug Abuse and Illicit Trafficking - June 26th

"The children had a lot of misconceptions which were addressed through effective delivery - drama and discussion"
(Smoking)

COCKTAIL YR 10-13 (14-18 YRS)

This workshop will explore the culture of poly-drug use, focusing on both illegal drugs and alcohol. We will follow the story of two young people and discuss why they use these drugs and what the risks and consequences may be.

SPECIAL OFFER! Links with International Day Against Drug Abuse and Illicit Trafficking - June 26th

PHYSICALLY HEALTHY AND HEALTHY LIFESTYLES:

HEALTHY EATING YR 1/2 (AGE 5-7)

Through storytelling techniques the young people will help our character explore what a healthy diet is and the importance of eating fruit and vegetables. They will also discuss the consequences (i.e. tooth decay) of eating too many sugary foods and drinks.

SPECIAL OFFER! Links with Obesity Awareness Week - March 10th to 17th

HEALTHY EATING YR 3-6 (AGE 7-11)

Young people are encouraged to discuss what is meant by healthy eating by looking at healthy lunch boxes, the importance of eating five portions of fruit and vegetables a day and what the consequences may be to eating an unbalanced diet.

SPECIAL OFFER! Links with Obesity Awareness Week - March 10th to 17th

SPORT AND GENDER YR 7/8 (11-13 YRS)

Through the character of a professional sports person this workshop will explore: the benefits of physical activity; setting targets and achieving goals; competition; and gender stereotypes.

"We have really struggled to find the right group to help us with delivery of drug awareness sessions with Year 10. This seems to me just right. Many thanks"
(Cocktail)

Stay Safe Workshops



Alcohol and the law



Alcohol and the law

ROAD SAFETY YR REC/YR1 (AGE 4-6)

A storytelling session exploring the issues around basic road safety. Using interactive techniques this workshop will look at one child's journey to school and the possible dangers involved.

SPECIAL OFFER! Links with Walk to School Week May 21st - 25th

CINDERELLA YR 1-2 (AGE 5-7)

Using the well known story of Cinderella, the pupils will look at the effects of bullying and develop a sense of what is right and wrong.

SPECIAL OFFER! December

RED RIDING HOOD YR 1-2 (AGE 5-7)

Focussing on the well known story of Red Riding Hood, young people will learn how to stay safe and discuss the danger of talking to strangers.

SPECIAL OFFER! Links with Child Safety Week June 18th - 24th

STOP AND THINK YR 1-3 (AGE 5-8)

Through the story of two young children the students will explore rules, safety and how to get help in an emergency.

SPECIAL OFFER! Links with Child Safety Week June 18th - 24th

BULLYING YR 2-4 (AGE 6-9)

Using the difference between people as a starting point, this workshop will explore various forms of bullying, including name-calling and leaving people out. The workshop will look specifically at the feelings evoked by bullying and the possible consequences involved.

SPECIAL OFFER! Links with Anti Bullying Week November 19th - 23rd

SPHERE OF INFLUENCE YR 4-5 (AGE 8-10)

A look at the influences and pressure encountered during one day in the life of a young person. Students explore how we make decisions and consider strategies for resisting pressure from other people. This workshop focuses on the pressure on one young person to drink alcohol.

SPECIAL OFFER! February

Continued on page 15.....

Booking Form 1

CONTACT DETAILS

CONTACT NAME	
SCHOOL OR ORGANISATION	
ADDRESS	
	POSTCODE
TELEPHONE	FAX
EMAIL ADDRESS	
BEST TIME OF DAY TO CONTACT	
TIME OF SCHOOL DAY (INCLUDING LUNCH BREAKS)	

FINANCIAL INFORMATION

All workshops will be charged via the Education Sales Database - if you are a City school or outside organisation this will generate an invoice which will be sent to you following delivery of the workshops.

BOOKING WORKSHOPS

NAME OF WORKSHOP	NUMBER REQUIRED
AGE OF YOUNG PEOPLE	APPROX NUMBER IN EACH GROUP
PREFERRED DAY/DATE(S) (PLEASE GIVE A NUMBER OF ALTERNATIVES IF POSSIBLE)	
PREFERRED TIME(S)	SPACE AVAILABLE

NAME OF WORKSHOP	NUMBER REQUIRED
AGE OF YOUNG PEOPLE	APPROX NUMBER IN EACH GROUP
PREFERRED DAY/DATE(S) (PLEASE GIVE A NUMBER OF ALTERNATIVES IF POSSIBLE)	
PREFERRED TIME(S)	SPACE AVAILABLE

Continued...

NAME OF WORKSHOP	NUMBER REQUIRED
AGE OF YOUNG PEOPLE	APPROX NUMBER IN EACH GROUP
PREFERRED DAY/DATE(S) (PLEASE GIVE A NUMBER OF ALTERNATIVES IF POSSIBLE)	
PREFERRED TIME(S)	SPACE AVAILABLE

NAME OF WORKSHOP	NUMBER REQUIRED
AGE OF YOUNG PEOPLE	APPROX NUMBER IN EACH GROUP
PREFERRED DAY/DATE(S) (PLEASE GIVE A NUMBER OF ALTERNATIVES IF POSSIBLE)	
PREFERRED TIME(S)	SPACE AVAILABLE

NAME OF WORKSHOP	NUMBER REQUIRED
AGE OF YOUNG PEOPLE	APPROX NUMBER IN EACH GROUP
PREFERRED DAY/DATE(S) (PLEASE GIVE A NUMBER OF ALTERNATIVES IF POSSIBLE)	
PREFERRED TIME(S)	SPACE AVAILABLE

CHILDREN AND YOUNG PEOPLE WITH DIVERSE NEEDS

If you think the workshop will need adapting or you would like us to contact you to discuss their needs further please tick the box

If you have made bookings for groups containing children or young people with additional needs, for example physical or learning disability, hearing/visual impairment, English as a second language, please provide details below.

Booking Form 2

CONTACT DETAILS

CONTACT NAME	
SCHOOL OR ORGANISATION	
ADDRESS	
	POSTCODE
TELEPHONE	FAX
EMAIL ADDRESS	
BEST TIME OF DAY TO CONTACT	
TIME OF SCHOOL DAY (INCLUDING	

FINANCIAL INFORMATION

All workshops will be charged via the Sales Database - if you are a City school or outside organisation this will generate an invoice which will be sent to you following delivery of the workshops.

BOOKING WORKSHOPS

CONTACT NAME	NUMBER REQUIRED
AGE OF YOUNG PEOPLE	APPROX NUMBER IN EACH GROUP
PREFERRED DAY/DATE(S) (PLEASE GIVE A NUMBER OF ALTERNATIVES IF POSSIBLE)	
PREFERRED TIME(S)	SPACE AVAILABLE

CONTACT NAME	NUMBER REQUIRED
AGE OF YOUNG PEOPLE	APPROX NUMBER IN EACH GROUP
PREFERRED DAY/DATE(S) (PLEASE GIVE A NUMBER OF ALTERNATIVES IF POSSIBLE)	
PREFERRED TIME(S)	SPACE AVAILABLE

Continued...

CONTACT NAME	NUMBER REQUIRED
AGE OF YOUNG PEOPLE	APPROX NUMBER IN EACH GROUP
PREFERRED DAY/DATE(S) (PLEASE GIVE A NUMBER OF ALTERNATIVES IF POSSIBLE)	
PREFERRED TIME(S)	SPACE AVAILABLE

CONTACT NAME	NUMBER REQUIRED
AGE OF YOUNG PEOPLE	APPROX NUMBER IN EACH GROUP
PREFERRED DAY/DATE(S) (PLEASE GIVE A NUMBER OF ALTERNATIVES IF POSSIBLE)	
PREFERRED TIME(S)	SPACE AVAILABLE

CONTACT NAME	NUMBER REQUIRED
AGE OF YOUNG PEOPLE	APPROX NUMBER IN EACH GROUP
PREFERRED DAY/DATE(S) (PLEASE GIVE A NUMBER OF ALTERNATIVES IF POSSIBLE)	
PREFERRED TIME(S)	SPACE AVAILABLE

CHILDREN AND YOUNG PEOPLE WITH DIVERSE NEEDS

If you think the workshop will need adapting or you would like us to contact you to discuss their needs further please tick the box

If you have made bookings for groups containing children or young people with diverse needs, for example physical or learning disability, hearing/visual impairment, English as a second language, please provide details below.

"I learned to stand up for myself and cope with bullies" (Bullying Yr 2-4)

ANTI SOCIAL BEHAVIOUR YR 4-6 (AGE 8-11)

The workshop focuses on what constitutes anti social behaviour in the community. Using the story of a family dealing with anti social behaviour around their property, we look at how to cope and what support networks are available.

SPECIAL OFFER! January

BULLYING YR 5-6 (AGE 9-11)

Using the difference between people as a starting point, this workshop will explore various forms of bullying, including name-calling and leaving people out, physical violence and extortion of money. The workshop will look specifically at the feelings evoked by bullying and the possible consequences involved.

SPECIAL OFFER! Links with Anti-Bullying Week November 19th-23rd

DOMESTIC VIOLENCE YR 5-6 (AGE 9-11)

Exploring the impact and feelings associated with domestic violence. The workshop will explore: effects on young people, the benefits of non abusive relationships, and sources of help for those in this situation.

SPECIAL OFFER! Links with Domestic Violence Month - March

DOMESTIC VIOLENCE YR 7-8 (11-13 YRS)

Exploring the impact and feelings associated with domestic violence. The workshop will explore: effects on young people, the benefits of non abusive relationships, and sources of help for those in this situation.

SPECIAL OFFER! Links with Domestic Violence Month - March

BULLYING YR 7-8 (11-13 YRS)

This workshop focuses on the long term impact of bullying on one young man's life. It also explores modern forms of bullying such as text messaging.

SPECIAL OFFER! Links with Anti-Bullying Week November 19th-23rd

DEALING WITH CONFLICT YR 8-10 (AGE 12-15)

Looking at how to deal with conflict, particularly within friendships and intimate relationships. This workshop will explore strategies for avoiding violence, focusing on the skills of negotiation, compromise and recognising the consequences of actions.

KNIFE CRIME YR 8-10 (AGE 12-15)

This workshop explores the consequences of carrying offensive weapons or weapons of offence. Also looks at police stop and search procedures.

FAMILY CONFLICT YR 9-11 (AGE 13-16)

A look at the effects of conflict within the family home. This workshop will explore students' attitudes towards family life, looking specifically: at relationships between young people and adults; communication; and coping with change.

SPECIAL OFFER! Links with International Day of Families May 15th

ANTI-SOCIAL BEHAVIOUR YR 9-11 (AGE 13-16)

The workshop focuses on what constitutes anti social behaviour in the community. Using the story of a family dealing with anti social behaviour around their property, we look at how to cope and what support networks are available.

SPECIAL OFFER! January

BULLYING YR 10 (AGE 14-15)

This workshop will look at modern forms of bullying using the internet and camera phones. Young people will explore the feelings of both the person who bullies and the person being bullied.

The workshop will encourage young people to take a stand against bullying.

SPECIAL OFFER! Links with Anti-Bullying Week November 19th-23rd

Enjoy and achieve

FIRE YR 2 (AGE 6-7)

The Great Fire of London told through the eyes of Thomas Farrinor the kings baker. How one man's forgetfulness led to the destruction of the City of London. Pupils will also explore modern fire safety rules.

SPECIAL OFFER! Links with Child Safety Week June 18th-24th

TRANSITION YR 2 (AGE 6-7)

Using one child's story of their fears about moving to junior school. This workshop will sensitively explore worries and misconceptions around moving up from infants to juniors.

SPECIAL OFFER! July

MARY SEACOLE YR 2 (AGE 6-7)

The story of Mary Seacole a pioneering nurse hindered in her work because of the colour of her skin and her gender, yet she became a heroine of the Crimea War. This workshop touches on social justice and moral responsibility.

SPECIAL OFFER! Links with Black History Month - October

EVACUEES YR 3-4 (AGE 7-9)

A tale of one child's journey from Nottingham into the Derbyshire countryside to escape from the wartime bombings. This workshop focuses on relationships, coping with major change and respecting the differences in people.

SPECIAL OFFER! Links with Remembrance Day November 11th

A LITTLE SWEEP YR 5-6 (AGE 9-11)

Told from first hand experience of a Victorian chimney sweep. This workshop offers insight on the reasons behind, and dangers of, child labour. The group will be able to see the social changes our country has made and how young people's lives differ from that of the Victorians.

BIG SCHOOL BIG DEAL YR 6-7 (AGE 10-12)

Explores the anticipated problems of transferring from junior to senior school. This workshop will look at coping with major change, making new friends, bullying and the difference between expectation and reality.

SPECIAL OFFER! July

Achieve Economic Wellbeing

MONEY MONEY MONEY YR 4-6 (AGE 8-11)

An introduction to money management for primary age children. The workshop will explore why it is important to budget wisely and involve the children in supporting a character to make wise spending choices.

SPECIAL OFFER! September

"I learnt how to earn and save money I think it will help me to save up for something I really want"
(Money, money, money)



Peer mentor training

Make a positive contribution

"Enhances and enriches the things we do in school" (Teacher)

RECYCLING (REVISED SUMMER 09) YR 1-2 (AGE 5-7)

This workshop will focus on why and how to recycle to reduce the impact of global warming on the earth.

SPECIAL OFFER! Links with World Environment Day - June 5th

GLOBAL CITIZENSHIP YR 4-6 (AGE 9-11)

The workshop will highlight what it means to be an active citizen not only in the local community but in a global sense.

SPECIAL OFFER! Links with International Human Rights Day - December 10th

CITIZENSHIP YR 5-6 (AGE 9-11)

A workshop looking at what it means to be an active citizen. Using drama, the young people will explore rights and responsibilities within an imagined community. Through discussion and debate the class will explore the nature of an individual's role within a community.

SPECIAL OFFER! Links with World Environment Day - June 5th

Primary peer support training

The PDL Team uses interactive drama techniques and discussion to train young people as Peer Supporters. Individual schools can choose a scheme best suited to their young people (see below). Based on the feedback from staff and pupils we can tailor a package that will focus on the specific needs of your school environment. The support material will give staff a detailed process of how to set up and maintain the scheme once the young people are trained.

PEER SUPPORT SCHEMES

LISTENING SERVICE

Peer supporters are trained as active listeners and facilitators providing time for young people to share their feelings and concerns. They are able to explore their own solutions and decide on a plan of action. Pupils generally work in pairs and need to be supported and supervised by staff members.

BEFRIENDING

This approach allows trained young people to offer support during break and lunchtimes. They can ensure that anti-bullying policies and procedures are being followed, help isolated young people and assist those with friendship problems.

BUDDYING

Pupils are trained to give support to those identified with specific needs, for instance children with special needs, attendance problems or additional language issues.

For a peer support programme to be effective it must be part of a whole school approach and be incorporated within the school policy.

FEEDBACK

STAFF

"Excellent starting point for our playground friend/buddy scheme. Working through all the activities developed skills which were then practised. It was good to see how these developed over 1 1/2 days"

PUPILS

"I really enjoyed the training and feel that I can help others when they need help and having a hard time"

"The training and being here was an amazing experience because we have learnt new things and we are now capable of looking after the new year 7's"

COSTS

BASIC PACKAGE

Planning Meeting **£45** - The chosen school Peer Support staff will meet with the Peer Support trainers to discuss what preparation is necessary before the training day.

One Day Training Event (6-7 Hours) **£310** - The young people and the school Peer Support staff members will be trained as Peer Supporters.

EXTENDED PACKAGE

Planning Meeting **£45** - The chosen school Peer Support staff will meet with the Peer Support trainers to discuss what preparation is necessary before the training day.

Full Staff Briefing **£45** - The Peer Support trainers will deliver a full staff briefing on what will be involved in the scheme.

One and a Half Day Training Event (9-10 Hours) **£460** - The young people and the school Peer Support staff members will have extensive training in being a Peer Supporter and extra guided practice time.

All training costs include staff support manual, training manual, preparation time and travel.

What else do we offer?

PARENTS EVENINGS/EVENTS

Specific themes can be addressed during your parents evenings using our drama workshops i.e. Bullying. School policies and parents queries can be discussed using the drama as a focus point. Workshops can be developed for parents' evenings in both primary and secondary schools.

Costs will depend on the specific schools needs. Please contact us with your enquiry.

LARGE GROUP PRESENTATIONS

Many of the workshops from our programme can be developed for a large group presentation. Ideally this can be used to introduce a topic for the members of staff to follow-up. The presentation will last for thirty minutes and will include follow-up material.

Please contact us if you would like to discuss your requirements.

BESPOKE WORKSHOPS

In addition to the workshops currently on offer we are also able to create workshops for the specific needs of the young people you are working with. We can tailor an existing workshop to give it a particular focus or create a completely new workshop that isn't currently available. Please contact us regarding your requirements.

PAST EXAMPLES:

Knife crime workshop

Racism and anti-social behaviour

Binge drinking

Healthy eating workshop for early years



SPECIAL PROJECTS

We are able to develop and deliver special projects for identified groups of young people. These involve working with a group over a number of sessions using drama and interactive techniques, to explore issues such as self-esteem, behaviour and engagement.

INSET DAYS - DRAMA IN EDUCATION

This half day training focuses on practical ways to use drama with young people. Various drama techniques are explained and demonstrated to members of staff who are then given time to practice these new skills.

"(I've learnt) "How to use drama to allow the children to explore their ideas and feelings."

"Can see myself using various exercises for different subjects."

(Alternative packages can be discussed.)

Costs

DRAMA WORKSHOPS

	2009/10	2010/11
Nottinghamshire LA Schools:	£115	£120
Other schools/organisations:	£135	£140

The cost of workshops includes travel, preparation, and delivery. Each workshop is accompanied by a follow-up lesson plan and a pack of useful materials.

DISCOUNTS FOR BLOCK BOOKINGS

For every 6 workshops booked we will deliver another one absolutely free!! The 6 workshops must be booked at the same time. This discount cannot be used in conjunction with the offer on the following page.

“Creative approach, enabling pupils to discuss issues freely”
(Annual Survey)



MONTHLY SPECIAL OFFERS

Each month we offer a number of workshops at a reduced cost of £95. Where possible we have chosen these workshops to link in with existing awareness-raising events, for example Black History Month. We recommend you book your workshops early to avoid disappointment. Workshops must take place within the month specified.

PRIMARY WORKSHOPS

JANUARY	ANTI-SOCIAL BEHAVIOUR
FEBRUARY	SPHERE OF INFLUENCE
MARCH	11th-17th: Obesity Awareness Week HEALTHY EATING 14th: No Smoking Day PRIMARY SMOKING Domestic Violence Month DOMESTIC VIOLENCE
APRIL	8th-14th: Mental Health Action Week 16th - 22nd: Depression Awareness Week GOOD GRIEF
MAY	15th: International Day of Families KEEP IT IN THE FAMILY 21st-25th: Walk to School Week ROAD SAFETY
JUNE	5th: World Environment Day RECYCLING 18th-24th: Child Safety Week RED RIDING HOOD / STOP & THINK
JULY	BIG SCHOOL BIG DEAL TRANSITION
SEPTEMBER	MONEY, MONEY, MONEY
OCTOBER	10th: World Mental Health Day POSITIVE FEELINGS Black History Month MARY SEACOLE
NOVEMBER	19th-23rd: Anti-bullying Week BULLYING 11th: Remembrance Day EVACUEES
DECEMBER	CINDERELLA 10th International Human Rights Day GLOBAL CITIZENSHIP

SECONDARY WORKSHOPS

JANUARY	ANTI-SOCIAL BEHAVIOUR
FEBRUARY	(Lesbian, Gay, Bisexual, Transgender History Month) HOMOPHOBIA 12th-18th: Contraceptive Awareness Week TEENAGE PREGNANCY
MARCH	11th - 17th: Obesity Awareness Week HEALTHY EATING (Domestic Violence Month) DOMESTIC VIOLENCE
APRIL	8th-14th: Mental Health Action Week 16th-22nd: Depression Awareness Week EMOTIONAL HEALTH / SELF ESTEEM/DYING TO BE THIN
MAY	15th: International Day of Families FAMILY CONFLICT 17th: International Day Against Homophobia HOMOPHOBIA
JUNE	26th: International Day Against Drug Abuse and Illicit Trafficking ALL SECONDARY DRUGS WORKSHOP
JULY	SEX AND RELATIONSHIPS - DELAY
SEPTEMBER	FINANCIAL MANAGEMENT
OCTOBER	10th: World Mental Health Day GRIEF AND LOSS / COPING WITH STRESS
NOVEMBER	19th-23rd: Anti-bullying Week BULLYING
DECEMBER	1st World Aids Day JUST SAY WHEN

Costs cont'd

PEER SUPPORT

Costs vary depending on needs. Please see Page 18 for detailed costings

LARGE GROUP PRESENTATIONS

	2009/10	2010/11
Nottinghamshire LA Schools	£155	£160
Other schools/organisations	£185	£190

BESPOKE WORKSHOPS

We will cost this service according to your requirements, please contact us to discuss your needs.

DRAMA - INSET DAYS

1/2 day training £170 - price includes staff resource pack, planning and travel.

PARENTS EVENINGS/EVENTS

We will cost this service according to your requirements, please contact us to discuss your needs.

CONTACT US

For more information and to discuss requirements:

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This information can be made available in other languages and formats on request. Please contact us to discuss your requirements.

