



Moorfield Court extra care scheme at Southwell.

## Fancy a trip out?

The County Council is keen to set up group visits to its extra care schemes to help people find out more about the facilities and services they can offer.

Cherry Dunk, project manager for Nottinghamshire County Council, said:

*"Extra care is a fairly new idea for Nottinghamshire, and is different to sheltered housing, so we think it's all about. They will also have the opportunity to talk to people who currently live in extra care housing, so they can find out first hand about the pros and cons and consider whether it might be suitable for them or a member of their family."*

As well as visits to extra care schemes, representatives from the County Council are prepared to come to meetings or arrange talks for groups about the overall project.

If you would like to set up a visit, meeting or talk, please phone 08449 80 80 80, email: [communications.ssd@nottscc.gov.uk](mailto:communications.ssd@nottscc.gov.uk) or write to Cherry Dunk, Adult Social Care and Health, Nottinghamshire County Council, County Hall, West Bridgford, Nottingham, NG2 7QP.

## Extra care ...

coming soon to a screen near you

A new DVD will be available in October which will take you on a tour of Hilton Grange extra care scheme in West Bridgford. The DVD will help you find out more about the service from the comfort of your armchair.

As well as a tour of Hilton Grange, the DVD will show interviews with residents at four extra care schemes and showcase some of the different services on offer, such as computer rooms, hairdressers and cafés.

Find out how to get your copy in our next newsletter or visit [www.nottinghamshire.gov.uk/aimingforexcellence](http://www.nottinghamshire.gov.uk/aimingforexcellence)



## Getting into focus

**We would like to set up focus groups in the future to find out what people think about particular issues around care homes, day services and extra care.**

The groups will be established across the county and the feedback will be used by the County Council to shape the way services are developed.

Would you be interested in taking part in a focus group?

If so, please write to Cherry Dunk, Adult Social Care and Health, Nottinghamshire County Council, County Hall, West Bridgford, Nottingham NG2 7QP phone 08449 80 80 80 or email: [communications.ssd@nottscc.gov.uk](mailto:communications.ssd@nottscc.gov.uk) to register your interest.

## Mansfield pensioners go to the Hilton

Ten people from the Mansfield Pensioners Action Group paid a visit to Hilton Grange in West Bridgford in June to find out more about extra care housing.

The group spent the afternoon touring the facilities, which included a look round the show flat, communal library and fitness room. They also met with some of the current residents to find out more about extra care and what it is like to live at Hilton Grange. The current residents told them about the hairdresser and chiropody services and also talked about the benefits of having a second bedroom so that family and friends can visit.



Joyce Heeley was one of the first residents to move into Hilton Grange when it opened in 2006. She said:

*"I used to live in sheltered housing, where everything was done for you. It's different here because we are able to be more independent and do more things for ourselves. We also have choice about the types of service we want here and what activities we want to do, such as bowling, darts, arts and craft. We recently organised a social evening and had a barber shop quartet – we all had a smashing evening."*

Dougie Woodhead, one of the visitors, said:

*"I was very impressed and also thought that having access to a computer was very important. I use the internet at home and would find it very useful having people there to help when I need them."*

*"I think people feel more at home because they can bring their own furniture. They have their own rooms instead of just one bedroom. And they can come and go as they please."*

Wendy Smith, extra care manager at Hilton Grange



### Contacting us

email [communications.ssd@nottscc.gov.uk](mailto:communications.ssd@nottscc.gov.uk)

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Nottinghamshire  
County Council

## Aiming for Excellence

a strategy for improving services for older people

'Aiming for Excellence' is the brand new name for our plans to improve services for older people in Nottinghamshire. 'Aiming for Excellence' covers the changes we are making to care homes, extra care and day services. If you would like more information about any aspects of the project, please phone 08449 80 80 80 or email [communications.ssd@nottscc.gov.uk](mailto:communications.ssd@nottscc.gov.uk)



## The overall project

The decision made by councillors in April will see a massive £19 million of County Council cash invested in new facilities for older people in Nottinghamshire, plus an extra £700,000 spent a year on running them. It is also hoped that the schemes will attract a further £90 million investment from other developers and partners.

The following plans will be put in place during the project:

- Mansfield and Ashfield:**
  - Build a brand new 60 bed care home to replace Ashcroft in Sutton-in-Ashfield, Daleside in Mansfield and Kirklands in Kirkby-in-Ashfield.
  - Work with partners to develop a large 250 place extra care facility in the locality, with a smaller 50 place scheme to follow at a later date.
  - Jubilee Court in Hucknall and Maun View in Mansfield remain open, as originally proposed. *Continued overleaf* ▶



We recently ran a competition to name the project and the winning entry "Aiming for Excellence" was sent in by Maggie Mirfin a Social Worker in Bassetlaw.



Maggie was presented with a £25 Marks and Spencer voucher from Portfolio Holder for Adult Social Care and Health Councillor Alan Rhodes and the Project Manager Cherry Dunk.

When asked why Maggie chose the winning entry Maggie said "I believe aiming for excellence is at the heart of all we do. We may not always achieve it but it is something that we should always be aiming for".

Service Director David Hamilton who chose the winning entry said "Aiming for Excellence reflects our ambition to deliver the absolute best for older people whilst acknowledging the challenge that this brings and the continuous improvement nature of our work. This is a journey not a destination".

We would like to thank everyone who entered the competition.



◀ Continued from previous page

#### Bassetlaw:

- James Hince Court in Worksop remains open and becomes a specialist unit for people with dementia in the north of the county.
- Westwood Care Home in Worksop remains open, as originally proposed.
- Work with partners to develop a 100 place extra care scheme in Retford with a further 50 place scheme to follow in Worksop at a later date.
- Carry out a review to determine the need for a new 35 bed care home in the Retford area. St Michael's View in Retford would close, but not until after this review has been carried out.

#### Broxtowe:

- Bramwell Care Home in Beeston remains open, as originally proposed.
- Work with partners to develop a 50 place extra care scheme in the locality.

#### Rushcliffe:

- Leawood Manor in Edwalton remains open, as originally proposed.

#### Newark and Sherwood:

- Bishops Court in Boughton remains open due to the lack of suitable alternatives, plus lack of public transport in a rural location.
- Woods Court in Newark remains open, as originally proposed.
- Work with partners to develop a 100 place extra care scheme in the Newark district.



Bishops Court Care Home, Boughton.

#### Gedling:

- Leivers Court in Arnold remains open and becomes a specialist unit for people with dementia in the south of the county.
- Braywood Gardens in Carlton remains open, as originally proposed.
- Work with partners to build a 50 place extra care scheme in the locality.

## Planning for the future

Officers from the County Council have already met with planners at local district and borough councils, plus local health colleagues, to look at options for building new services for older people in their area.

We will need to find land for at least one extra care scheme in Mansfield/Ashfield, Retford, Worksop, Gedling, Newark & Sherwood and Eastwood, plus the new care home for the Mansfield/Ashfield area.

Any schemes that involve buying land and getting planning permission can take a great deal of time. However, the meetings have been positive so far and we are currently looking at a number of options for securing suitable land.

We will keep you informed about any progress as soon as any land deals have been agreed.



### When will it all happen?

This is a very detailed project with many separate stages. Some parts of the plans will be determined by whether land is available and whether planning permission is granted, so it is very difficult to give specific details of timescales at this stage.

However, the project team is aiming to publish a timeline in the autumn to show the order that the different projects will be built and to give you a rough idea of when work on each scheme is estimated to begin and end.

This timeline could possibly change as the project goes on, but it is a useful guide for you at this stage to find out roughly when things could happen to your particular care home or day service or when extra care facilities could be built in your area. The timeline will be published in the next issue of the newsletter.



Colin Sherriff with his mum May who lives at Hilton Grange.

*“I've had admirable care since I've been here. They've been wonderful. Especially Heidi, who's helped me a lot.”*

Dorothy Healey - Hilton Grange resident

## What is extra care?

- ...it is much more than just a sheltered housing scheme. Care staff are on site 24 hours a day to provide personal and practical care support, such as dressing, washing, visiting the toilet and shopping.
- ...it offers a range of modern and affordable one or two bedroom flats available to buy, part own or rent which are purpose-built or adapted for your care and support needs.
- ...couples and friends can stay together and your family and friends can stop over - just like with a normal home.
- ...levels of care are flexible and are based on your particular needs - which can increase or diminish according to your circumstances.
- ...it offers communal facilities such as a café, hairdressers, library and dance studio.
- ...it allows people to retain their investment in their property.

## Welcome

### to the first issue of Aiming for Excellence.

This newsletter aims to keep you updated with information about services for older people, including care homes, extra care and day services.

Thank you once again to everyone for taking part in the consultation about care and support services for older people earlier this year. I am delighted that county councillors have given the go-ahead for an ambitious five year plus project, which will see a huge investment in care for older people in Nottinghamshire.

I believe that this decision proves we have listened to what you, and other local people, have had to say.

We promised during the consultation that we would keep you involved in the project and we certainly stand by our word.

Although things may have seemed to have gone quiet, we have been busy working behind the scenes to get various projects moving. Read on to find out more.

Councillor Alan Rhodes, Cabinet Member for Adult Services and Health Nottinghamshire County Council

## Give your views

Although the official consultation has closed, we still want to hear from you about our five year plan.

- Do you have any suggestions or views about what type of extra care service we create in your area, such as a retirement village, a large complex or small units?
- What types of services would you like extra care schemes to include e.g. hairdressing, chiropody, aromatherapy, well-being clinics, shop, café?
- Do you think that day services should be attached to a care home or be more closely linked to other community facilities such as libraries?
- And what sort of activities do you think should be available at the care homes that are staying open?

These are just some of the areas you may wish to comment on to help us shape the way we provide these services. We may not be able to take all suggestions on board, but we are certainly keen to hear your views.

Please get in touch to give your views by phoning 08449 80 80 80 or emailing [communications.ssd@nottscc.gov.uk](mailto:communications.ssd@nottscc.gov.uk)

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Wendy Smith, extra care manager at Hilton Grange